



Visioncircles - Advanced Edu-K Course

250 - Visioncircles (VC) 24 Hours A road map to the completion of developmental skills through movement, play, and art. Emphasis on vision enhancement.

Open to students who have taken Brain Gym®.

The Visioncircles course provides a road map to the completion of developmental skills through movement, play and art. It offers vision enhancement through activities that nourish perceptual flexibility. Each of the eight structured sessions embodies a unique perceptual slant and emphasizes different visual kinaesthetic, auditory and sensory skills.

As an added bonus, I include the gentle exploration of a number of Fundamental, Primitive Childhood Reflexes that hold back many Learners to a significant degree. This is also a powerful personal development workshop!

Participants learn **32 Vision Gym** movements for integrating visual, auditory and tactile abilities skilfully and naturally.

Each of the 8 sessions includes:

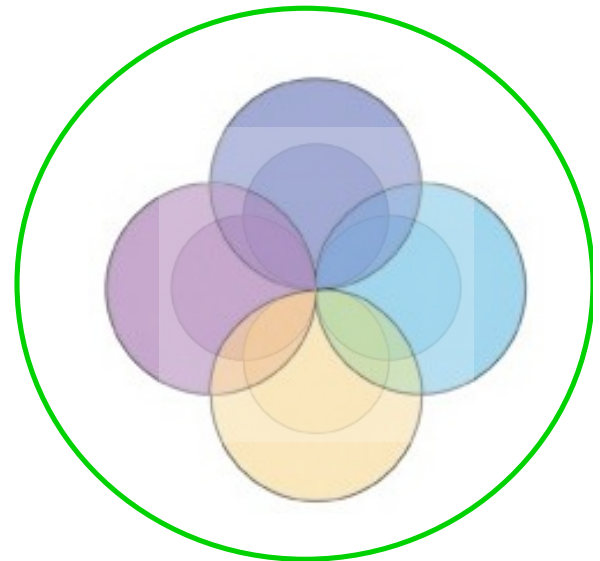
- ♣ Repatterning of primary perceptual skills
- ♣ Visualization to break through homeostasis
- ♣ Brain Gym™ for visual, auditory, and kinaesthetic awareness
- ♣ Experience - 34 fun Vision Gym™ movements
- ♣ Experiential play
- ♣ Opportunity to Improve Vision Naturally

WHO CAN BENEFIT FROM THE WORKSHOPS?

Any individual seeking increased use of perceptual skills:

Educators
Parents
Students
Health Practitioners
Persons with learning blocks
For Personal and Professional Development

8 VISIONCIRCLES



WHAT ARE VISIONCIRCLES?

Each vision circle is our personal sphere of perceptual awareness. These are NATURAL gifts that we come with as infants. Our tendency is to reduce our perceptual awareness as we adapt to outer directed learnings. This inhibits our innate capacities as we adopt other people's methods of learning starting from birth. Childhood Reflex development (including perceptual, emotional, physical and mental) is highly dependant on the environment created by the adults around the child. These circles greatly expand your individual perceptual awareness.

I have had the privilege of taking the Visioncircles Teacher training from Paul and Gail Dennison in person. They have now included an update of the latest Brain Research on learning and see the importance of including some *Primitive Child Hood Reflex* work within this extensive course

Visioncircles - 3 day course day ♥ 13, 14 & evenings 15, 22 September 2008 (2 days & 2 evenings)
24 hours Level 2 Professional Course, & AKA Accredited Cat B INVESTMENT: \$450
Early Bird: \$395 Full payment required 3 weeks in advance)

Brain Gym® (101) – 4 day course ♥ Sun's 10, 17, 24 & 31 August 2008
If you wish to become a Brain Gym Instructor, here is your opportunity to repeat this course for half price.
32 hours Level 1 Professional Course, & AKA Accredited Cat A INVESTMENT: Repeat at ½ price - \$325

Rhythmic Movement Training – 3 days Level 1 & Level 2 courses
♥ Level One: Sun's 25, 26 - \$320 Review Level 1 - \$160
♥ Level Two: 27 July 2008 - \$160 Review Level 2 - \$80
* Both Level 1 & 2 - \$480 paid 7 days in advance. * Review Both Level 1 & 2 - \$260

For further information contact:

Lee-Anne MacLeod – Mob: 0407 383 635 Ph: (08) 9384 7272

To register, please complete the following form and send to:

The Brain Gym Centre of WA. PO Box 4168, Mosman Park WA 6012 www.braingymwa.com.au

Please make cheques payable to: The Brain Gym Centre of WA.

ANZ – BSB: 016307 ACCT: 560180978 Comment: 'Course' & Your Name
(Please e-mail your receipt payment through to: lee-anne@braingymwa.com.au)

Yes, please enroll me in the following course:

- I would like to attend the Visioncircles Workshop
- I would like to attend the Brain Gym 101 Workshop
- I would like to attend the RMT Level 1 Workshop
- I would like to attend the RMT Level 2 Workshop
- I would like to attend the RMT Level 1 & 2 Workshops
- I would like to attend and am reviewing _____ Workshop/s

Date when course was first taken: _____ Instructor: _____

NAME: _____

ADDRESS: _____

PHONE: Home _____ Work _____ Mobile _____

E-MAIL: _____

ENCLOSED \$ _____ Chq / Postal Order / direct Deposit Date transferred: _____ Receipt Y

VENUE: The Brain Gym Centre of WA
27 Bruce Street, Nedlands 6009 www.braingymwa.com.au

BRING: Lunch, water bottle, writing materials, coloured pencils. Wear loose comfortable clothing.

WITH THANKS! We look forward to meeting you in person!

Lee-Anne MacLeod

Dip Kin Dip IH ARAD CSTD AKA Level 3 Adv Kinesiologist

Chair of Board of Directors: Australian Kinesiology Association

Love well, laugh lots as today's thoughts and actions create tomorrows memories!

The Brain Gym Centre of WA www.braingymwa.com.au 08 9384 7272 0405 732 144



The Brain Gym Centre of WA
Is proud to sponsor:

Rhythmic Movement Training

With
Moira Dempsey

Both Levels are Accreditation as Level C classes with the AKA

Rhythmic Movements are gentle rocking and rolling movements that stimulate the neural pathways, to make connections that promote ease of movement and learning.

RMT and ADD/ADHD

Level One

Two Day Workshop

Covers:

- What is RMT?
- The Triune Brain and Development
 - Nerve Chassis
 - Cerebellum
 - Reptile Brain/Basal Ganglia
- Development and Primitive Reflexes
- RMT and Primitive Reflexes
 - TLR
 - Landau
 - STNR
 - Spinal Galant
 - Amphibian
 - Babinski
- Active and Passive Movements for Integration
- Identifying Developmental Imbalances

The Limbic System and RMT

Level Two

One Day Workshop

Covers:

- Emotional Development and RMT
- Moro Reflex and Emotions
- Motor Function and the Limbic System
- Movements for Emotional Development
- Muscle Tension and Repressed Feelings
- Movements to Relax Muscle Tension and Release Feelings
- Movement for the Limbic System
- Movements for the Spine
- The Importance of Play
- Emotional Reactions to RMT
- Frontal Lobes the Limbic System and RMT
- Autism and RMT

Rhythmic Movement Training was developed by **Dr Harald Blomberg** a psychiatrist in Stockholm, Sweden after studying with **Kirsten Linde**, a self taught therapist in Stockholm, and **Peter Blythe** from Chester, England. **Moira Dempsey**, from Australia, assisted formalising and writing the course structure and manual.

Moira Dempsey has been learning and teaching RMT since 2003, when she met Dr. Harald Blomberg in Poland at Dr Svetlana Masgutova's camp for children with special needs. Moira has been involved with Brain Gym® since 1991. She is also a TFH instructor. She is currently a member of the Brain Gym® International Board of Directors. Moira has taught RMT in Australia, Europe, Asia, The Middle East and the USA.

Dates: Perth (WA) **Level One** – 25 & 26 July '08 **Level Two** - 27 July 2008
Venue: 27 Bruce St, Nedlands 6009 at The Brain Gym Centre of WA
Time: 9:00 am to 5:30 pm
Cost: Level 1 - \$320 Level 2 - \$160 Both Level 1 & 2 - \$480 paid 7 days in advance. (The usual price is \$520)
Review Level 1 - \$160 Level 2 - \$80 Both Level 1 & 2 - \$260
Registration and payment see next page

Note: Please bring a yoga mat or blanket and cushion with you

What People Say About Rhythmic Movement Training

RMT - It was a real pleasure to do this course. It simply encourages your body to return to gentle healing rhythmic movements - movements that are deeply embedded in our being, moreover movements that are capable of taking us into our very own presence. Don't be fooled by their simplicity. As psychiatrist Harald Blomberg, the course creator, explained, there are reasons for their effectiveness: when we move, complex and sophisticated pathways in our brains are activated that draw on qualities we need to live a life of fullness. Balance, orientation, co-ordination and even motivation are triggered and brought into sync. This prepares the physical groundwork that enables us to pursue emotional, mental and spiritual wellness, a wellness where those very same qualities of balance, orientation, co-ordination and motivation resonate with depth

Angela Hass Ph.D.- Melbourne Vic Australia

After attending the Level 1 and 2 Rhythmic Movement Workshops I started using mainly the Passive Movements with all my clients at the beginning of every session. I have found that the movements have had a most profound effect on every client. It feels as though the brain stem relaxes and lets go of survival strategies, giving unimpeded access in a very relaxed and open way. Clients feel nurtured; and, I think their whole being feels safe and relaxed. My client sessions all flow easily and openly now.

Barbara Moss - Melbourne Vic Australia

I first discovered the RMT in 2003 while working in Poland at Svetiana Masgutova's Ph.D. first summer camp for children with special needs. Dr. Harald Blomberg was using the RMT with children on an everyday basis and I was really intrigued, and when I returned back to work, I started using them in my daily practice especially with small children with whom Brain Gym was too difficult and with children with developmental challenges. On a few occasions, some children started crawling, and others began making sounds. I also use the movements with people whose stress levels had caused tense shoulders or back problems. I use them for myself after a long day at work or after lengthy plane or car journey. Adults usually like the movements – they suddenly find themselves connecting to the child within and start relaxing – and finally smiling!

Edith Laidlaw - Dubai United Arab Emirates

The Rhythmic Movement Training I received in the company of friends opened up a world of possibilities. To say that I have never felt as light on my feet would be an understatement. But the real magic of the training was found in learning that it is never too late to integrate retained reflexes.

Mike Milford - Brisbane Qld Australia